What causes hearing loss?

Hearing loss can be temporary and caused by simple things like ear wax or a cold. It can also be permanent, caused by damage to the tiny hair-like cells in the inner ear as a result of exposure to noise, aging, other health conditions, or certain medications.

When should I get my hearing checked?

Hearing loss can come on so gradually that you may not even notice it’s happening. In general, you should have your hearing screened every three to five years, and tested annually if you are over the age of 50 or experiencing any of the following:

- **Consistent exposure** to loud noises.
- **Difficulty understanding** in noisy environments or in groups.
- **Hearing mumbling** or feeling as though people are not speaking clearly.
- **Ringing** in your ears.

How can I check my hearing?

Getting your hearing checked is now easier than ever with in-person and at-home options:

- **Virtual screening** allows you to confirm if hearing loss is detected from the comfort of home.
- **Professional hearing evaluations** take place in a hearing care clinic setting. A hearing care professional will work with you to complete an in-depth evaluation of your hearing and propose solutions if hearing loss is indicated.

Learn more at amplifonusa.com/pitt
Your Hearing Program

If you think you may have hearing loss, rest easy. University of Pittsburgh has teamed up with Amplifon to offer you quality hearing health care.

<table>
<thead>
<tr>
<th>Level 1</th>
<th>Level 2</th>
<th>Level 3</th>
<th>Level 4</th>
<th>Level 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amplifon Price (per ear)</td>
<td>$690</td>
<td>$990</td>
<td>$1,190</td>
<td>$1,490</td>
</tr>
<tr>
<td>Your Plan Benefit (For add’l savings)</td>
<td>$1,800 per ear, every 3 years</td>
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**New virtual services**

- **Virtual screening** – determine need from the comfort of home
- **Personalized coaching** – enhance adjustment and use of hearing aids
- **On-demand virtual visits** – convenient care for non-clinical support

**Risk-free trial**

Find your right fit by trying your hearing aids for 60 days

**Complimentary aftercare**

- **1-year follow-up care** - ensures smooth transition to your new hearing aids
- **2-year battery support** - battery supply or charging station to keep you powered
- **3-year warranty** - coverage for loss, repairs, or damage

To learn more, call 866-978-9392 TTY: 711 | Hours: Mon-Fri 8am - 9pm ET or visit: amplifonusa.com/pitt

You and your provider will determine the best device to meet your hearing loss, lifestyle, and technology needs. Risk-free trial - 100% money-back guarantee if not completely satisfied, no return or restocking fees. Follow-up care - for one year following purchase. Batteries - two-year supply of batteries (80 cells/ear/year) or one standard charger at no additional cost. Warranty - exclusions and limitations may apply. Contact Amplifon 866-978-9392 for details.

Virtual screening does not take the place of a diagnostic exam by a licensed professional. Not all virtual services are available on all products. Amplifon Hearing Health Care is solely responsible for the administration of hearing health care services, and its own financial and contractual obligations. University of Pittsburgh and Amplifon are independent, unaffiliated companies. Hearing services are administered by Amplifon Hearing Health Care, Corp.