



STUDENT HEALTH INSURANCE

2026 - 2027 Summary Guide

As a graduate, professional, or full-time undergraduate student, you can enroll in medical, dental, and vision insurance coverage through the University of Pittsburgh.

PLAN YEAR

September 1 - August 31 (annual)

ENROLLMENT PERIOD & IMPORTANT DATES

2026-27 Fall Enrollment

For all eligible students

Enrollment Period: August 1, 2026 - September 30, 2026*

Coverage Begins: September 1, 2026

Coverage Period: September 1, 2026 - August 31, 2027

**NOTE: The enrollment system will be temporarily unavailable between Aug. 30-31.*

2026-27 Spring Enrollment

For new students only

Enrollment Period: December 1, 2026 - January 31, 2027

Coverage Begins: January 1, 2027

Coverage Period: January 1, 2027 - August 31, 2027



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MEDICAL PLAN

Who It's For:

- Full-time undergraduate students
- Full-time and part-time graduate students without an academic appointment
- Full-time and part-time graduate students with an academic appointment (GSA, GSR, TA, TF) and pre/postdoctoral fellows & certificate trainees

Premiums will differ based on your student type.

What's Included:

- \$250 individual/\$500 family deductible
- \$4,200 individual/\$8,400 family out-of-pocket maximum
- Plan pays 100% of covered services after applicable copayment
- No pre-existing condition limitations
- Primary care physician: \$30 copayment per visit for illness/injury
- Specialist: \$40 copayment per visit
- Urgent care: \$40 copayment per visit
- Emergency room: \$75 copayment per visit
- Behavioral health: \$10 copayment per visit
- Inpatient hospital stay: covered 90% after \$250 copayment
- Retail pharmacies: \$15 generic/\$35 preferred brand/\$70 non-preferred brand copayment*
- Out-of-network coverage provided at a lower benefit level
- Included in your medical enrollment, members are covered at their highest level of benefits, anywhere in the world, for emergency medical or pharmacy services

**Note: Those with an academic appointment (GSA, GSR, TA, TF, Predoc Fellow or Certificate Trainee) will have their prescription coverage benefit transition to CVS Caremark. There will be no changes to plan design or copayment schedules. All others continue to have the prescription coverage benefit through UPMC/ESI.*

MEDICAL PLAN

Graduate Students with an Academic Appointment (GSA, GSR, TA, TF, Certificate Trainee, Pre-Doc Fellow)

Level	Total 2026-27 Monthly Premium
Student Only	\$0
Student + Spouse	\$436.16
Student + Spouse + 1 Child	\$654.24
Student + Spouse + Children	\$654.24
Student + 1 Child	\$436.16
Student + Children	\$654.24

Graduate students without an Academic Appointment, Post-Doc Fellows, Health Science Fellows, FT Undergraduate Students

Level	Total 2026-27 Monthly Student Premium
Student Only	\$313.54
Student + Spouse	\$638.21
Student + Spouse + 1 Child	\$878.61
Student + Spouse + Children	\$1,120.01
Student + 1 Child	\$521.72
Student + Children	\$848.83

MEDICAL PLAN

COVERAGE EXAMPLES

The following treatments shown are just examples of how this plan might cover medical care. Actual costs will be different depending on the actual care you receive, prices your providers charge, and other factors.

Coverage examples are based on self-only coverage.

Peg is having a baby
(Nine months of in-network prenatal care and a hospital delivery)

■ The plan’s overall deductible	\$250
■ Specialist copayment	\$40
■ Hospital (facility) copayment	\$250; 10%
■ Other coinsurance	10%

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care*)
Childbirth/Delivery professional services
Childbirth/Delivery facility services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visits (*anesthesia*)

Total Example Cost	\$12,700
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In this example, Peg would pay:

Cost Sharing	
Deductibles	\$250
Copayments	\$300
Coinsurance	\$1,200
What isn’t covered	
Limits or exclusions	\$60
The total Peg would pay is	\$1,810

This is not a cost estimator and for illustrative purposes only. If you have questions about specific coverage and costs, contact your health care representative.

MEDICAL PLAN

COVERAGE EXAMPLES continued

Managing Joe's type 2 diabetes (A year of routine in-network care of well-controlled condition)

■ The plan's overall deductible	\$250
■ Specialist copayment	\$40
■ Hospital (facility) copayment	\$250; 10%
■ Other coinsurance	10%

This EXAMPLE event includes services like:
Primary care physician office visits (*disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*glucose meter*)

Total Example Cost	\$5,600
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In this example, Joe would pay:

Cost Sharing	
Deductibles	\$250
Copayments	\$1,300
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$40
The total Joe would pay is	\$1,590

Mia's simple fracture (In-network emergency room visit and follow-up care)

■ The plan's overall deductible	\$250
■ Specialist copayment	\$40
■ Hospital (facility) copayment	\$250; 10%
■ Other coinsurance	10%

This EXAMPLE event includes services like:
Emergency room (*including medical supplies*)
Diagnostic tests (*x-ray*)
Durable medical equipment (*crutches*)
Rehabilitation services (*physical therapy*)

Total Example Cost	\$2,800
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In this example, Joe would pay:

Cost Sharing	
Deductibles	\$250
Copayments	\$300
Coinsurance	\$100
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$650

This is not a cost estimator and for illustrative purposes only. If you have questions about specific coverage and costs, contact your health care representative.

DENTAL PLAN

United Concordia Plus DHMO

Who It's For:

- Full-time and part-time graduate students with or without an academic appointment
- Full-time and part-time Health Sciences Fellows, Pre-and Postdoctoral Fellows, Certificate Trainees

Note: The United Concordia Plus DHMO plan is only available to Western PA residents. If you live, or are planning to live, outside of Western PA, it is recommended that you do not enroll in this plan.

What's Included:

- No deductible, annual maximum, or claims to file
- 100% coverage for exams, cleanings, and x-rays
- In-network benefits only
- Benefits available in Pennsylvania only
- Reduced member copays and coverage for crowns, root canals, oral surgery, and fillings
- Selection of primary dental office required during enrollment

United Concordia Flex PPO

Who It's For:

- Full-time undergraduate students

What's Included:

- \$50 annual deductible
- \$500 annual plan maximum
- 100% coverage for exams, cleanings, and x-rays
- 50% coverage for root canals, oral surgery, and fillings
- National dental provider network with the freedom to see any participating licensed dentist
- No referrals needed for specialty dental care

Dental Plans (United Concordia)		
Level	2026-27 Plus DHMO (PA Only) Monthly Graduate Student Premium	2026-27 Flex PPO Monthly Undergraduate Student Premium
Student Only	\$17.57	\$14.29
Student + 1 Dependent	\$35.76	\$28.60
Student + Children	\$53.23	\$44.33
Two Adults	35.76	\$28.60
Student + Family	\$53.23	\$44.33

VISION PLAN

Who It's For:

- Full-time undergraduate students
- Full-time and part-time graduate students without an academic appointment
- Full-time and part-time graduate students with an academic appointment (GSA, GSR, TA, TF) and pre/postdoctoral fellows & certificate trainees

What's Included:

- 100% coverage for eye exams every 12 months
- Select eyeglasses from Davis Vision by MetLife's collection covered in full, or receive a:
 - \$60 frame allowance toward frames of your choice **or** \$75 contact lens allowance
- Additional lens options available at discounted member prices
- One-year breakage warranty on plan eyewear

Vision Plan (Davis Vision by MetLife)	
Level	2026-27 Monthly Student Premium
Student Only	\$7.54
Student + 1 Dependent	\$15.06
Student + Children	\$18.08
Two Adults	\$15.06
Student + Family	\$18.08

HOW TO ENROLL

Enrolling in student medical, dental, and vision coverage is simple:

1. Go to my.pitt.edu.
2. If not already selected, select "Students" from the role choices (click "Sign in" in the upper right corner, then select "Campus & Roles" pop-up menu options).
3. Search for "Student Health Insurance"
4. Find the option for the "Student Health Insurance" (Benefitsolver).
5. Continue through the online enrollment process.
6. Once enrollment elections are submitted and approved, continue to the payment section where you will be prompted to enter your payment information.

Academic Appointments

Graduate students who hold an academic appointment (GSA, GSR, TA, or TF) and predoctoral fellows and certificate trainees ([as defined in University Policy](#)) should select the \$0.00 payment option for medical coverage.

If this payment option is not available, you should not enroll at this time. Instead, please contact your academic department to update the academic appointment info. Enrollment can be completed once the \$0 monthly cost medical option is available.

International Students

International students are required to attest to having other medical insurance coverage or enroll in a University-sponsored program.

To attest to other coverage, an Acknowledgement of Insurance Coverage must be submitted. You will need the insurance company's name, address, and telephone number; the policy or group number; the effective date of coverage; and confirmation that the insurance meets the minimum coverage requirement.

International students must submit their attestation no later than September 30. The University reserves the right to place a registration hold on academic accounts for international students who do not take any action by September 30. The hold will prohibit registration of future classes or graduation for those affected students.

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RESOURCES

UNIVERSITY OF PITTSBURGH BENEFITS DEPARTMENT

Call: 1-833-852-2210

Online inquiry:

hr.pitt.edu/contact-ohr

Student information:

hr.pitt.edu/students

UPMC HEALTH PLAN

Prescription coverage administrator for full-time undergraduate, full- and part-time graduate students without an academic appointment, and Health Sciences and Postdoc Fellows. 1-888-499-6885

DAVIS VISION BY METLIFE

1-877-923-5433

UNITED CONCORDIA

1-877-215-3616

CVS CAREMARK

Prescription coverage administrator for full- and part-time graduate students with academic appointments (GSR, GSA, TA, TF, Pre-doctoral Fellows and Certificate Trainees). 1-833-296-1891

UNIVERSITY OF PITTSBURGH STUDENT HEALTH SERVICE, COUNSELING CENTER, & UNIVERSITY PHARMACY

Mark A. Nordenberg Hall
Wellness Center
119 University Place
Pittsburgh, PA 15260

Student Health Service:
412-383-1800

Counseling Center:
412-648-7930

University Pharmacy:
412-383-1850



University of
Pittsburgh

Office of
Human Resources