

Contact Information

Pre-65 Health Care Insurance and Other Benefits Contacts

Carrier	Website	Phone Number
UPMC Health Plan	www.upmchealthplan.com	1-888-499-6885
Davis Vision	www.davisvision.com	1-800-999-5431, client code 4228
United Concordia	www.ucci.com	1-877-215-3616
Flex Spending - UPMC Health Plan	www.upmchealthplan.com/members/learn/consumer-advantage	1-888-499-6885
The Hartford (Aetna) Life Insurance Check or Change Beneficiaries	enroll.thehartfordatwork.com/upittbene	800-331-7234 855-396-7655
Unum Long-Term Care	www.unuminfo.com/upitt	1-800-227-4165
Faculty & Staff Education Benefits	www.hr.pitt.edu/education	412-624-8160

Post-65 Health Care Insurance and Other Benefits Contacts

Carrier	Website	Phone Number
UPMC <i>for Life</i> HMO, PPO, and National Complementary Plan	www.upmchealthplan.com	1-877-381-3765
Highmark Signature 65 Blue Rx	www.highmarkbcbs.com	1-800-241-5704 1-800-697-8714
Highmark Freedom Blue PPO	www.highmarkbcbs.com	1-866-456-7739, reference code 20FB178453
Davis Vision	www.davisvision.com	1-800-999-5431, client code 7623
United Concordia	www.ucci.com	1-877-215-3616
The Hartford (Aetna) Life Insurance Check or Change Beneficiaries	enroll.thehartfordatwork.com/upittbene	800-331-7234 855-396-7655
Social Security Administration	www.socialsecurity.gov	1-800-772-1213
Medicare	www.medicare.gov	1-800-633-4227

Retirement Investment Companies	Website	Phone Number
TIAA	www.tiaa.org/pitt	1-800-682-9139
Pension Administration Center – Defined Benefit Plan		1-866-283-0208

Retiree Benefits Service Center Benefit Management Services (BMS)

Mailing Address:
339 Sixth Avenue
Heinz 57 Center
9th floor - HFS 010901
Pittsburgh, PA 15222

Email: BenefitManagementServices@upmc.edu
Telephone: 1-888-499-6885 (select “retiree” option)
Fax: 1-877-851-5591

Helpful Websites

Information	Website
Gateway to consumer health and human services	www.healthfinder.gov
Obtain information on Medicare	www.medicare.gov
Find a wealth of information, including publications	www.socialsecurity.gov
Tool to help estimate benefits amounts and help you decide when to start receiving retirement benefits	www.socialsecurity.gov/planners
Retirement tool that provides estimates based on your actual Social Security earnings on record	www.socialsecurity.gov/estimator
Create an account and get your Social Security statement	www.socialsecurity.gov/myaccount
Apply for your Medicare benefits only	www.socialsecurity.gov/medicare
Counseling for understanding medical plan options and Medicare in Allegheny County through APPRISE	www.wfspa.org/service/apprise



University of
Pittsburgh

Office of
Human Resources

Bene its Department
320 Craig Hall
200 S. Craig Street
Pittsburgh, PA 15260

Website: hr.pitt.edu/retirees
Submit an inquiry: hr.pitt.edu/contact-ohr