Session Agenda

• Overview and eligibility for retiree benefits

• Pre-65 benefits

• Post-65 benefits

• Additional benefits

• Next steps
The University of Pittsburgh offers group retiree benefit coverage to eligible retirees and their spouses/domestic partners through the Defined Dollar Benefit (DDB) program.

Offered coverage includes:
- Medical
- Dental
- Vision
- Life insurance (retiree only)

Retiree coverage is managed by UPMC Benefit Management Services (BMS), our retiree service center.
Eligibility for Retiree Status

✔ Hire date prior to July 1, 2004
  • Must be at least age 62 and in an eligible position*

OR

✔ Hire date of July 1, 2004 or after
  • Must be at least age 62 and in an eligible position*
  • Age plus years of service must equal **85 points**

For more info about eligibility, visit [www.hr.pitt.edu/retirees/eligibility](http://www.hr.pitt.edu/retirees/eligibility)

*Eligible Position Types:*
• Staff – Full-time regular
• Staff – Part-time regular (if hired prior to July 1, 2004)
• Faculty/ Librarian – Full-time regular
• Part-time tenured or tenure stream Faculty at no less than 50% effort
• Research Associate – Full-time regular
• Executive – Full-time regular
• Union Employees should check CBA for eligibility
Pre-65 Benefits: Coverage Options

- Retirees can elect to continue the same medical coverage as active employees at the same cost that active employees pay
  - Fiscal year increases to premiums apply
  - Same open enrollment period as active employees

Medical
- Panther Gold (HMO)
- Panther Advocate (PPO)
- Panther Plus (PPO)
- Panther Basic (PPO)

**Prescription drug coverage** is built into the medical plan and has the same formulary and copayments as active employees

Dental
- Concordia Plus (DHMO)
- Flex I
- Flex II

Vision
- Fashion Excellence
- Designer Gold

Assist America
Pre-65 Benefits: Coverage Options

Pre-65 retirees have three options from which to choose:

1. Elect the same group coverage as active faculty and staff
   – Spouse/domestic partner and children also have this same access

2. Use credits under the DDB program for reimbursement of another retiree plan
   – The plan cannot be an active group health plan through another employer

3. Accrue DDB credits for future use

Note: Once enrolled in coverage, elections remain in effect for the full plan year, which runs from July 1 – June 30. Contact BMS for a qualified status change.
## Pre-65 Benefits: Possible Scenarios

<table>
<thead>
<tr>
<th>Scenarios</th>
<th>Spouse/Domestic Partner less than 62</th>
<th>Spouse/Domestic Partner between 62 – 64</th>
<th>Spouse/Domestic Partner 65+</th>
</tr>
</thead>
<tbody>
<tr>
<td>Retiree</td>
<td>Individual Pre-65 plan at cost share</td>
<td>Two Adult Pre-65 plan at cost share</td>
<td>Individual Pre-65 plan at cost share</td>
</tr>
<tr>
<td>Spouse/Domestic Partner (No children)</td>
<td>Individual Pre-65 plan at full cost</td>
<td>Under Retiree's Two Adult plan at cost share</td>
<td>Post-65 with DDB</td>
</tr>
<tr>
<td>Children (up to age 26)</td>
<td>Parent/Child(ren) Pre-65 plan at cost share</td>
<td>Family Pre-65 plan at cost share</td>
<td>Parent/Child(ren) Pre-65 plan at cost share</td>
</tr>
</tbody>
</table>
Post-65 Benefits and Medicare

Retiree health care is coordinated with Medicare

Part A: Hospitalization (typically no cost)
Part B: Physician Services/Testing (cost is income-based)

University plans work with Medicare Parts A and B to give you full coverage and to provide prescription drug coverage (referred to as Medicare Part D)
Sample Medicare Part B Premiums
If your annual modified gross income in 2019 (for what you pay in 2020) was:

<table>
<thead>
<tr>
<th>File individual tax return</th>
<th>File joint tax return</th>
<th>Individual Monthly Part B Premium</th>
<th>Prescription Drug Coverage</th>
</tr>
</thead>
<tbody>
<tr>
<td>$87,000 or less</td>
<td>$174,000 or less</td>
<td>$144.60</td>
<td>your plan premium</td>
</tr>
<tr>
<td>above $87,000 up to $109,000</td>
<td>above $174,000 up to $218,000</td>
<td>$202.40</td>
<td>$12.20 + your plan premium</td>
</tr>
<tr>
<td>above $109,000 up to $136,000</td>
<td>above $218,000 up to $272,000</td>
<td>$289.20</td>
<td>$31.50 + your plan premium</td>
</tr>
</tbody>
</table>
Post-65 Benefits and Medicare

• **If you retire prior to age 65**: Enrollment in Medicare Parts A and B is required at age 65. Enrollment should be processed three months before your 65th birthday directly with your local Social Security Office or online.

• **If you retire after age 65**: You may postpone enrollment in Medicare Part B if you are actively working and in a group health plan. You would then apply for Medicare at the time of your retirement. We suggest starting the process three months prior to your retirement date. An Employer Verification form is required.

• **If you are retiring three months before or three months after you or your spouse/domestic partner’s 65th birthday**: Please consult with your local Social Security Office to determine the timing of your enrollment.

• **All University plans provide prescription drug coverage**: Enrollment in Medicare Part D is not necessary.
Medicare Enrollment and Verification Forms

- An Employer Verification form is required if you are retiring and you or your spouse/domestic partner is age 65 and has not yet enrolled in Medicare Part B.
  - Employer Verification forms are completed by the Benefits Department.
  - Forms can only be completed once your retirement is processed.
Defined Dollar Benefit (DDB) Program

Administered by UPMC Benefit Management Services (BMS)

- **University contribution** toward your retiree medical coverage
  - Each month, credits will be applied to an account in your name and your eligible spouse/domestic partner’s name (must be 62 years of age)

- Can be used to **cover the cost of retiree medical premiums**
  - If medical plan premiums should exceed credit amount, you are responsible for paying the difference
  - Cannot be used for Medicare premiums, deductibles, co-pays, dental, or vision premiums

- You may continue to **accrue your DDB credits** for future use if you have other coverage
  - Unused credits roll over indefinitely

- Credit amount is reviewed annually and may increase each January 1
Post-65 Benefits: Coverage Options

1. Elect one of seven Pitt-sponsored health plans

2. Receive reimbursement for purchasing a non-Pitt sponsored plan
   – The plan cannot be an active group health plan through another employer

3. Accrue DDB credits for future use

**Note:** Once enrolled in coverage, elections remain in effect for the full plan year, which runs from January 1 – December 31. Contact BMS for a qualified status change.
# Medicare Advantage: Plan Options

**Health Plan is primary**

<table>
<thead>
<tr>
<th>Plan</th>
<th>Monthly Premium</th>
<th>University DDB Credits</th>
<th>Retiree Responsibility</th>
<th>DDB Credit Surplus</th>
</tr>
</thead>
<tbody>
<tr>
<td>UPMC <em>for Life</em> HMO</td>
<td>$227</td>
<td>$401</td>
<td>$0</td>
<td>$174</td>
</tr>
<tr>
<td>UPMC <em>for Life</em> PPO - Standard</td>
<td>$280</td>
<td>$401</td>
<td>$0</td>
<td>$121</td>
</tr>
<tr>
<td>UPMC <em>for Life</em> PPO - Basic</td>
<td>$240</td>
<td>$401</td>
<td>$0</td>
<td>$161</td>
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<tr>
<td>Highmark Freedom Blue PPO - Standard</td>
<td>$284</td>
<td>$401</td>
<td>$0</td>
<td>$117</td>
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<tr>
<td>Highmark Freedom Blue PPO - Basic</td>
<td>$224</td>
<td>$401</td>
<td>$0</td>
<td>$177</td>
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</table>
## Medicare Advantage: Additional Benefits

**Health Plan is primary**

<table>
<thead>
<tr>
<th>Plan</th>
<th>Vision</th>
<th>Dental</th>
<th>Hearing</th>
<th>Fitness</th>
<th>Emergency</th>
</tr>
</thead>
<tbody>
<tr>
<td>UPMC For Life HMO</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
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<tr>
<td>UPMC For Life PPO Standard</td>
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<td>X</td>
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<tr>
<td>UPMC For Life PPO Basic</td>
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<td>X</td>
<td>X</td>
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<tr>
<td>Highmark Freedom Blue PPO Standard</td>
<td>X</td>
<td></td>
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<td>X</td>
<td>X</td>
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<td></td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
</tr>
</tbody>
</table>

**Fitness**

- UPMC: Silver Sneakers
- Highmark: Silver Sneakers

**Emergency Coverage**

- UPMC: Assist America
- Highmark: BlueCross BlueShield Global
## Medicare Supplement: Plan Options

**Medicare is primary**

<table>
<thead>
<tr>
<th>Plan</th>
<th>Monthly Premium</th>
<th>University DDB Credits</th>
<th>Retiree Responsibility</th>
<th>DDB Credit Surplus</th>
</tr>
</thead>
<tbody>
<tr>
<td>UPMC National Complementary with PDP</td>
<td>$340</td>
<td>$401</td>
<td>$0</td>
<td>$61</td>
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<tr>
<td>Highmark Signature 65 with Blue Rx</td>
<td>$370</td>
<td>$401</td>
<td>$0</td>
<td>$31</td>
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</tbody>
</table>

Calendar Year 2020
# Medicare Supplement: Additional Benefits

<table>
<thead>
<tr>
<th>Plan</th>
<th>Vision</th>
<th>Dental</th>
<th>Hearing</th>
<th>Fitness</th>
<th>Emergency</th>
</tr>
</thead>
<tbody>
<tr>
<td>UPMC National Complementary</td>
<td>X</td>
<td></td>
<td>X</td>
<td>X</td>
<td>X</td>
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<tr>
<td>Highmark Signature 65</td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tbody>
</table>
# Prescription Drug Plans: Standard Network

<table>
<thead>
<tr>
<th>Plan</th>
<th>Tier 1: Preferred Generic</th>
<th>Tier 2: Generic</th>
<th>Tier 3: Preferred Brand</th>
<th>Tier 4: Non-Preferred Brand</th>
<th>Tier 5: Specialty</th>
<th>90-Day Supply (Tier 1)</th>
</tr>
</thead>
<tbody>
<tr>
<td>UPMC for Life HMO</td>
<td>$15.00</td>
<td>$20.00</td>
<td>$47.00</td>
<td>$100.00</td>
<td>33% Coinsurance</td>
<td>$0.00 Mail Order Only</td>
</tr>
<tr>
<td>UPMC for Life PPO – Standard</td>
<td>$15.00</td>
<td>$20.00</td>
<td>$47.00</td>
<td>$100.00</td>
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<td>$0.00 Mail Order Only</td>
</tr>
<tr>
<td>UPMC Health Plan National Complementary Plan</td>
<td>$15.00</td>
<td>$20.00</td>
<td>$47.00</td>
<td>$100.00</td>
<td>33% Coinsurance</td>
<td>$0.00 Mail Order Only</td>
</tr>
<tr>
<td>Highmark Freedom Blue PPO – Standard</td>
<td>$15.00</td>
<td>$15.00</td>
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<td>$70.00</td>
<td>$70.00</td>
<td>$20.00 Mail Order Only</td>
</tr>
<tr>
<td>Highmark Freedom Blue PPO – Basic</td>
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<td>$15.00</td>
<td>$35.00</td>
<td>$70.00</td>
<td>33% Coinsurance</td>
<td>$20.00 Mail Order Only</td>
</tr>
<tr>
<td>Highmark Signature 65</td>
<td>$15.00</td>
<td>$15.00</td>
<td>$35.00</td>
<td>$70.00</td>
<td>$70.00</td>
<td>$20.00 Mail Order Only</td>
</tr>
</tbody>
</table>

Calendar Year 2020
# Prescription Drug Plans: Preferred Network

<table>
<thead>
<tr>
<th>Plan</th>
<th>Tier 1: Preferred Generic</th>
<th>Tier 2: Generic</th>
<th>Tier 3: Preferred Brand</th>
<th>Tier 4: Non-Preferred Brand</th>
<th>Tier 5: Specialty</th>
<th>90-Day Supply (Tier 1)</th>
</tr>
</thead>
<tbody>
<tr>
<td>UPMC for Life HMO</td>
<td>$0.00</td>
<td>$10.00</td>
<td>$47.00</td>
<td>$100.00</td>
<td>33% Coinsurance</td>
<td>$0.00 Retail Only</td>
</tr>
<tr>
<td>UPMC for Life PPO – Standard</td>
<td>$0.00</td>
<td>$10.00</td>
<td>$47.00</td>
<td>$100.00</td>
<td>33% Coinsurance</td>
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</tr>
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<td>UPMC for Life PPO – Basic</td>
<td>$0.00</td>
<td>$10.00</td>
<td>$47.00</td>
<td>$100.00</td>
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</tr>
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<td>UPMC Health Plan National Complementary Plan</td>
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<td>$10.00</td>
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<td>$100.00</td>
<td>33% Coinsurance</td>
<td>$0.00 Retail Only</td>
</tr>
<tr>
<td>Highmark Freedom Blue PPO – Standard</td>
<td>$10.00</td>
<td>$10.00</td>
<td>$30.00</td>
<td>$65.00</td>
<td>$70.00</td>
<td>$20.00 Mail Order Only</td>
</tr>
<tr>
<td>Highmark Freedom Blue PPO – Basic</td>
<td>$10.00</td>
<td>$10.00</td>
<td>$30.00</td>
<td>$65.00</td>
<td>33% Coinsurance</td>
<td>$20.00 Mail Order Only</td>
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<tr>
<td>Highmark Signature 65</td>
<td>$10.00</td>
<td>$10.00</td>
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<td>$65.00</td>
<td>$70.00</td>
<td>$20.00 Mail Order Only</td>
</tr>
</tbody>
</table>

Calendar Year 2020
• APPRISE: Pennsylvania’s State Health Insurance Assistance Program (SHIP)
  • Allegheny County:
    • 412-661-1438
    • apprise@fswp.org

• Toll-free: 1-800-783-7067
Post-65 Dental and Vision Coverage

United Concordia Access Plan (Advantage Plus Network)
- $18.52/month – individual coverage only
- Covers exam and cleaning every 6 months
- Limited basic benefits – 70% (Example: fillings)
- Some in-network benefits for major services (Example: Crowns)
- Maximum $750/individual

Davis Vision Plan
- $6.98/month – individual coverage only
- Covers exams and basic lenses annually
- Frames allowance every 24 months
# Post-65 Benefits: Possible Scenarios

<table>
<thead>
<tr>
<th>Scenarios</th>
<th>Spouse/Domestic Partner less than 62</th>
<th>Spouse/Domestic Partner between 62-64</th>
<th>Spouse/Domestic Partner 65+</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spouse/Partner (No children)</td>
<td>Individual Pre-65 plan at full cost</td>
<td>Individual Pre-65 plan at cost share</td>
<td>Post-65 with DDB</td>
</tr>
<tr>
<td>Children (under 26)</td>
<td>Under Spouse/Partner's Parent/Child(ren) Pre-65 plan at full cost</td>
<td>Under Spouse/Partner's Parent/Child(ren) Pre-65 plan at cost share</td>
<td>Under Individual Pre-65 plan at full cost</td>
</tr>
</tbody>
</table>
Surviving Spouse/Domestic Partner Benefits

Coverage will continue for three (3) months following the end of the month in which the retiree passes away, then:

- **If the spouse is pre-65**: Surviving spouse/domestic partner is eligible to continue group coverage at full cost

- **If the spouse is post-65**: Any accumulated DDB credits in the spouse’s account may be used until depleted

- Unused retiree DDB credits are not transferrable
Life Insurance – Retiree Only

University-Paid Retiree Life Coverage
• $1,500 for each year of service; maximum of $15,000

Optional Life Coverage is “portable” within 31 days of retirement
• Available at group rates without an underwriting requirement, but is more expensive than coverage as an active employee
• You may also convert the policy to a whole life policy, which can be quite expensive
• Contact Aetna directly at 1-888-584-2983
Long Term Care Insurance

Retiree and Spouse/Domestic Partner

- Unum provides Long Term Care insurance for retirees and their spouse/domestic partner

- If you are already enrolled in this program at the time of retirement, you will automatically be sent a bill from Unum to continue the plan into retirement
  - If you pay, coverage will continue
  - If you don’t pay, coverage will terminate
Education Benefits for Retirees

Retiree, Spouse/Domestic Partner, Child

You may be eligible to retain the same education benefits available to active employees

Requirements for Pitt:
• Currently utilizing benefit, or;
• Employed full-time at the University for at least five (5) years immediately prior to retirement

Requirement for Dependents attending Other Institutions:
• Currently utilizing benefit, or;
• Employed full-time at the University for at least ten (10) years immediately prior to retirement
Osher Lifelong Learning

- Osher Lifelong Learning, through the College of General Studies, is an additional option for continuing your education
  - Offers three terms of courses per year in areas such as history, art, literature, languages, and physical activity
  - Offers the ability to audit two University undergraduate courses/term
  - Offers additional special events

- Membership: $125/term or $225/year

- More information: www.cgs.pitt.edu/osher
Flexible Spending Accounts

• You are **not** eligible to retain a flexible spending account in retirement

• All expenses incurred prior to your retirement date

• You have six (6) months after your retirement date to submit claims incurred prior to your retirement date
Retirement Savings Plan Options

• If you have a University retirement savings account with TIAA, you should schedule an appointment with a representative to discuss your withdrawal options
  • Representatives are available to you after retirement
  • At age 72.5 you will be required to take a minimum distribution from your account

• Schedule an appointment with TIAA: www.tiaa.org/schedulenow-PITT

• Review the pros and cons of leaving your money in the Pitt plan

• If you have a Defined Benefit Pension, you may start to collect a monthly payment at age 65
  • If you are under 65, you may be able to collect earlier, but your payment will be reduced
Your Final Paycheck

- Active benefits will end on the last day of the month in which you work

- Retiree benefits will start the first of the month following your last day of work

- If you are a faculty member on a less than annual contract (8 months worked and paid over 8 months), and you retire between January and August, your benefits will be extended based on actual deductions

- Staff will be paid out for unused vacation the month following your last day worked

- Staff will be paid for half the value of unused sick days up to $2,500

- Once retired, you are able to work at Pitt in a temporary capacity only
Benefit Management Services (BMS)

What BMS does:

• Mail initial retiree enrollment packets
• Collect enrollment forms
• Mail transition to post-65 benefit packets when appropriate
• Mail open enrollment packets
• Collect premiums – auto withdrawal or invoice (if applicable)
• Track DDB credits
• Process reimbursements for non-University Retiree Medical Coverage
• Accept status change forms throughout the year
• Process demographic information, such as address changes
Retiree Benefits Enrollment Process

Medicare

• If you are over 65 at the time of retirement, you must enroll in Medicare Parts A and B, which can be done with your local Social Security office, or online; you will also need to submit an Employer Verification form

Administered through Benefit Management Services (BMS)

• Enrollment form for both the retiree and their spouse/domestic partner (this is mailed by and returned to BMS)
• Post-65 Only: Insurance application for chosen UPMC/Highmark plan (this is mailed by and returned to the applicable insurance company); Medicare Parts A and B must be active

Annual Open Enrollment Period

• Pre-65 – July
• Post-65 – January
Next Steps

• Submit a resignation letter to your department at least three months prior to your retirement date

• If you are a staff employee, and would like continued access to your Pitt email, you must notify your department administrator at the time you submit your resignation

• Set up an appointment with TIAA or call the Pension Administration Center

Pre-65:
• Complete the benefit enrollment form that is mailed to your home address and return it to BMS

Post-65:
• Apply for Medicare
  • Employer Verification form cannot be completed until retirement is processed
• Complete the benefit enrollment form that is mailed to your home address and return it to BMS
• Complete the insurance application that is mailed to your home address and return it to the appropriate insurance carrier
## Have Questions? Find Answers.

| Benefits Department | 412-624-8160  
|                     | hr-benque@pitt.edu  
|                     | www.hr.pitt.edu/retirees  
| Benefit Management Services (BMS) | 1-888-499-6885  
|                         | BenefitManagementServices@upmc.edu  
| TIAA | 1-800-682-9139  
|                         | www.tiaa.org/pitt  
| Pension Administration Center – Defined Benefit Plan | 1-866-283-0208  
| Social Security Administration | 1-800-772-1213  
|                         | www.socialsecurity.gov  

**DISCLOSURE:** The information presented in this presentation is intended to provide a general overview and discussion of the plans. Descriptive literature is available from the carriers and the Benefits Department. Plans and administration of University plans are subject to change.