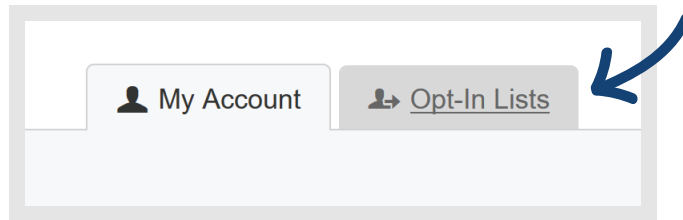




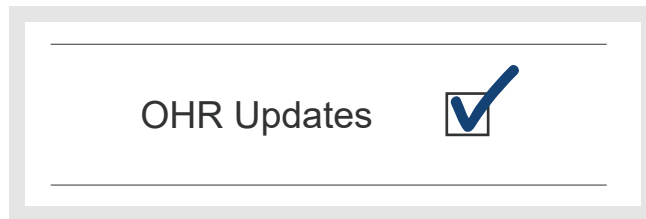
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Follow these easy instructions to get on the list!

1. Navigate to pi.tt/alerts in your web browser.
2. Log in with your Pitt username and password, if necessary.
3. Click “Opt-In Lists” at the top of the page.



4. Check the “OHR Updates” box (lists are alphabetical).



How to Unsubscribe:

If you no longer wish to receive updates from OHR, please follow steps 1-3 above, and then **uncheck** the “OHR Updates” box.

Technical difficulties or questions?

If you experience any technical difficulties or have any questions, please email hrcomms@pitt.edu.