

Make Your Move™ Toward a Healthier You



\$0 Enrollment Fee with code: MOVEMORE¹



Top Brand Gyms Starting at \$28/mo.²

From classic gyms to specialized studios—yoga, barre, Pilates, spin, and more—choose from thousands of options and work out your way.

Flexible Memberships Mean You're Never Locked In

No long-term contracts, annual fees, or cancellation penalties give you the freedom to move on your terms.³

More to Power Your Progress

Enroll your spouse or partner to stay motivated and accountable.⁴

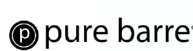
Access thousands of on-demand workout videos—**FREE and at your fingertips.**

Get Started:

Scan the QR Code > Login > Wellness > Health and Wellness Discounts

12,800+
Standard Gyms

10,200+
Premium Gyms



¹\$28 enrollment fee waived 3/1/26 12:01 a.m. - 5/31/26 11:59 p.m. PT. ²Plus a \$28 program enrollment fee and applicable taxes. ³An initial 2 month introductory period applies then participation is month-to-month. ⁴Add your spouse/domestic partner for additional fees. Fees will vary. Conditions apply. ⁵Not all program sponsors offer Marketplace; vendors, products, and discounts are subject to change.

M966-249Y 1/26 © 2026 American Specialty Health Incorporated (ASH). All rights reserved. Active&Fit Direct and the Active&Fit Direct logos are trademarks of ASH. Other names or logos may be trademarks of their respective owners. Fitness center participation varies by location and program sponsor and is subject to change. On-demand videos are subject to change. ASH reserves the right to modify any aspect of the program (including any fees and introductory period) without limitation at any time. We may discontinue the program at any time.

Participants must be 18 years of age or older, be located in the United States, and have a valid email address. Participants must pay by credit card and will be charged in advance on a monthly basis using a recurring payment subscription. Participants commit to three consecutive months of membership. If a participant chooses to cancel, they must provide a 30-day notice of cancellation. All payments are subject to tax, if applicable, based on the participant's location.