



## **Fantastic Fitness Deal!**

**11,600+ Gyms** 

7,600+ On-Demand Videos

Standard Membership: \$25/mo. (+ applicable taxes)

**Save \$25!** Waived Enrollment Fee Promo **EXTENDED THROUGH SEPTEMBER** 

There are NO other fees and NO long-term contracts

## Plus:



Membership options for your spouse<sup>1</sup>



Premium Membership Options<sup>2</sup> also available at exercise studios, outdoor programs, and others with 20% – 70% discounts at most locations

Use promo code **SUMMERSAVINGS** before September 30 to waive the \$25 enrollment fee.3

Get Started: Log in to upmchealthplan.com > Menu > Better Health and Wellness > Health and Wellness Discounts.



11,600+ standard gyms including:













pure barre



acac

5,000+ premium studios including:

























<sup>2</sup> Costs for premium exercise studios exceed \$25/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.

3 \$25 enrollment fee waived for the standard fitness centers only from 9/1/22 12:01 a.m. - 9/30/22 11:59 p.m. PT.

M966-249K 8/22 © 2022 American Specialty Health Incorporated (ASH). All rights reserved. The Active&Fit Direct\*\* program is provided by American Specialty Health Fitness, Inc., a subsidiary of ASH. Active&Fit Direct and the Active&Fit Direct logos are trademarks of ASH. Other names or logos may be trademarks of their respective owners. Standard fitness center and premium studio participation varies by location and is subject to change. Digital workout videos are subject to change. ASH reserves the right to modify any aspect of the Program (including, without limitation, the Enrollment Fee(s), the Monthly Fee(s), and/or the Introductory Period) at any time per the terms and conditions. If we modify a fee or make a material change to the Program, we will provide you with no less than 30 days' notice prior to the effective date of the change. We may discontinue the Program at any time upon advance written notice.

Participants must be 18 years of age or older, be located in the United States, and have a valid email address. Participants must pay by credit card and will be charged in advance on a monthly basis using a recurring payment subscription. Participants commit to three consecutive months of membership. If a participant chooses to cancel, they must provide a 30-day notice of cancellation. All payments are subject to tax, if applicable, based on the participant's location.