UPMC Health Plan

Schedule of Benefits

Panther Advocate - HealthyU
HIA PPO - Premium Network
Deductible: $500 / $1,000
Coinsurance: 10%
Total Annual Out-of-Pocket: $2,000 / $4,000

Primary Care Provider: 10% after Deductible
Specialist: 10% after Deductible
Emergency Department: 10% after Deductible
Urgent Care Facility: 10% after Deductible
Rx: $16/$40/$80/$90

This Schedule of Benefits will be an important part of your Certificate of Coverage (COC) or your Summary Plan Description (SPD). If your plan has an SPD, it is issued by your employer or labor trust fund. It is not issued by UPMC Health Plan. It is important that you review and understand your COC and/or SPD because they describe in detail the services your plan covers. The Schedule of Benefits describes what you pay for those services.

For Covered Services to be paid at the level described in your Schedule of Benefits, they must be Medically Necessary.

They must also meet all other criteria described in your COC and/or SPD. Criteria may include Prior Authorization requirements.

Please note that your plan may not cover all of your health care expenses, such as copayments and coinsurance. To understand what your plan covers, review your COC and/or SPD. You may also have Riders and Amendments that expand or restrict your benefits.

If you have any questions about your benefits, or would like to find a Participating Provider near you, visit **www.upmchealthplan.com**. You can also call UPMC Health Plan Member Services at the phone number on the back of your member ID card.

For more information on your plan, please refer to the final page of this document.

Plan Information	Participating Provider	Non-Participating Provider
Benefit Period	Plan Year	
Primary Care Provider (PCP) Required	Encouraged, but not required	
Pre-Certification and Prior Authorization Requirements	Provider Responsibility	Member Responsibility
		If you fail to obtain Prior Authorization for certain services, you may not be eligible for reimbursement under your plan. Please see additional information below.

Member Cost Sharing	Participating Provider	Non-Participating Provider
HIA: Health incentive account (HIA) annual dollar maximum		
Individual	$200	
Family	$400	
Individual/Family – Please visit *My*Health OnLine to see earning limits and account status.		
Earn HIA reward dollars by completing approved healthy activities. Funds are deposited into the HIA.		

Member Cost Sharing	Participating Provider	Non-Participating Provider
Annual Deductible		
Individual	$500	$1,000
Family	$1,000	$2,000
Your family plan has an aggregate Deductible, which means that, any covered member and any combination of covered family members can meet the family Deductible before Covered Services are paid for any member on the plan. The individual Deductible does not apply if you are enrolled in family coverage.		
Deductible applies to all Covered Services you receive during the Benefit Period, unless the service is specifically excluded.		
Coinsurance		
	You pay 10% after Deductible.	You pay 30% after Deductible.
	Copayments may apply to certain Participating Provider services.	
Total Annual Out-of-Pocket Limit		
Individual	$2,000	$4,000
Family	$4,000	$8,000
Your plan has an aggregate Out-of-Pocket Limit, which means for family coverage, the entire family Out-of-Pocket Limit must be met by one or a combination of the covered family members before the plan pays at 100% for Covered Services for the remainder of the Benefit Period.		
Out-of-Pocket costs (Copayments, Coinsurance, and Deductibles) for Covered Services apply toward satisfaction of the Out-of-Pocket Limit specified in this Schedule of Benefits.		

Preventive Services	Participating Provider	Non-Participating Provider
Preventive Services will be covered in compliance with requirements under the Affordable Care Act (ACA). Please refer to the Preventive Services Reference Guide for additional details.		
Pediatric preventive/health screening examination	Covered at 100%; you pay $0.	You pay 30% after Deductible.
Pediatric immunizations	Covered at 100%; you pay $0.	You pay 30%. Deductible does not apply.
Well-baby visits	Covered at 100%; you pay $0.	You pay 30% after Deductible.
Adult preventive/health screening examination	Covered at 100%; you pay $0.	You pay 30% after Deductible.
Adult immunizations required by the ACA to be covered at no cost-sharing	Covered at 100%; you pay $0.	You pay 30% after Deductible.
Screening Gynecological Exam and Pap Test	Covered at 100%; you pay $0.	You pay 30% after Deductible.
Screening Mammogram	Covered at 100%; you pay $0.	You pay 30%. Deductible does not apply.

Covered Services	Participating Provider	Non-Participating Provider
Hospital Services		
Semi-private room, private room (if Medically Necessary and appropriate), surgery, pre-admission testing	You pay 10% after Deductible.	You pay 30% after Deductible.
Outpatient/ambulatory surgery	You pay 10% after Deductible.	You pay 30% after Deductible.
Observation stay	You pay 10% after Deductible.	You pay 30% after Deductible.
Maternity	You pay 10% after Deductible.	You pay 30% after Deductible.

Covered Services	Participating Provider	Non-Participating Provider
Emergency Services		
Emergency department	You pay 10% after Deductible.	
Emergency transportation	You pay 10% after Deductible.	
Urgent care facility	You pay 10% after Deductible.	
	Applies to both Participating and Non-Participating Providers.	
Physician Surgical Services		
	You pay 10% after Deductible.	You pay 30% after Deductible.
Provider Medical Services		
Inpatient medical care visits, intensive medical care, consultation, and newborn care	You pay 10% after Deductible.	You pay 30% after Deductible.
Adult immunizations not required to be covered by the ACA	You pay 10% after Deductible.	You pay 30% after Deductible.
Primary care provider office visit	You pay 10% after Deductible.	You pay 30% after Deductible.
Specialist office visit	You pay 10% after Deductible.	You pay 30% after Deductible.
Convenience care visit	You pay 10% after Deductible.	You pay 30% after Deductible.
Virtual Visits		
Virtual visit – Virtual Urgent Care	You pay 10% after Deductible.	You pay 30% after Deductible.
Virtual visit – Scheduled (Primary Care)	You pay 10% after Deductible.	You pay 30% after Deductible.
Virtual visit – Scheduled (Specialist)	You pay 10% after Deductible.	You pay 30% after Deductible.
Virtual visit – eDermatology	You pay 10% after Deductible.	You pay 30% after Deductible.
UPMC *My*Health 24/7 Nurse Line		
If you would like to speak to a registered nurse about a specific health concern, call our UPMC *My*Health 24/7 Nurse Line at 1-866-918-1591. You may also send an email using the web nurse request system at www.upmchealthplan.com.		
Allergy Services		
Treatment, injections, and serum	You pay 10% after Deductible.	You pay 30% after Deductible.
Diagnostic Services		
Advanced imaging (e.g., PET, MRI, etc.)	You pay 10% after Deductible.	You pay 30% after Deductible.
Other imaging (e.g., x-ray, sonogram, etc.)	You pay 10% after Deductible.	You pay 30% after Deductible.
Lab	You pay 10% after Deductible.	You pay 30% after Deductible.
Diagnostic testing	You pay 10% after Deductible.	You pay 30% after Deductible.
Rehabilitation Therapy Services		
Physical, speech, and occupational therapy	You pay 10% after Deductible.	You pay 30% after Deductible.
	Covered up to 60 visits per Benefit Period for all three therapies combined.	
Cardiac rehabilitation	You pay 10% after Deductible.	You pay 30% after Deductible.
	Covered up to 36 visits per Benefit Period.	
Pulmonary rehabilitation	You pay 10% after Deductible.	You pay 30% after Deductible.
	Covered up to 36 visits per Benefit Period.	
Habilitation Therapy Services Note: Visit limits on Habilitative Therapy Services are not applied if those services are prescribed for treatment of a mental health condition or substance use disorder.		
Physical, speech and occupational therapy	You pay 10% after Deductible.	You pay 30% after Deductible.
	Covered up to 60 visits per Benefit Period for all three therapies combined.	

Covered Services	Participating Provider	Non-Participating Provider
Medical Therapy Services		
Chemotherapy, radiation therapy, dialysis therapy	You pay 10% after Deductible.	You pay 30% after Deductible.
Injectable, infusion therapy, or other drugs administered or provided by a medical professional in an outpatient or office setting	You pay 10% after Deductible.	You pay 30% after Deductible.
Pain Management		
Pain management program	You pay 10% after Deductible.	You pay 30% after Deductible.
Mental Health and Substance Abuse Services Contact UPMC Health Plan Behavioral Health Services at 1-888-251-0083.		
Inpatient (e.g., detoxification, etc.)	You pay 10% after Deductible.	You pay 30% after Deductible.
Inpatient non-hospital residential services	You pay 10% after Deductible.	You pay 30% after Deductible.
Outpatient (e.g., rehabilitation, therapy, etc.)	You pay 10% after Deductible.	You pay 30% after Deductible.
Other Medical Services Refer to the Certificate of Coverage (COC) for specific Benefit Limitations that may apply to the services listed below.		
Acupuncture	You pay 10% after Deductible.	You pay 30% after Deductible.
	Covered up to 12 visits per Benefit Period.	
Corrective appliances	You pay 10% after Deductible.	You pay 30% after Deductible.
Dental services related to accidental injury	You pay 10% after Deductible.	You pay 30% after Deductible.
Durable medical equipment	You pay 10% after Deductible.	You pay 30% after Deductible.
Fertility testing	You pay 10% after Deductible.	You pay 30% after Deductible.
Home health care	You pay 10% after Deductible.	You pay 30% after Deductible.
Hospice care	You pay 10% after Deductible.	You pay 30% after Deductible.
Treatment for Infertility (Assisted Fertilization Procedures)	You pay 10% after Deductible.	You pay 30% after Deductible.
	Lifetime maximum of $10,000. Benefit limit does not apply to artificial insemination procedures.	
Medical nutrition therapy	You pay 10% after Deductible.	You pay 30% after Deductible.
Nutritional counseling	You pay 10% after Deductible.	You pay 30% after Deductible.
	Covered up to two visits per Benefit Period.	
Nutritional products	You pay 10%. Deductible does not apply.	You pay 30%. Deductible does not apply.
	Nutritional products for the treatment of PKU and related disorders are not subject to Deductible.	
Oral surgical services	You pay 10% after Deductible.	You pay 30% after Deductible.
Podiatry care	You pay 10% after Deductible.	You pay 30% after Deductible.
Private duty nursing	You pay 10% after Deductible.	You pay 30% after Deductible.
Skilled nursing facility	You pay 10% after Deductible.	You pay 30% after Deductible.
	Covered up to 120 days per Benefit Period.	
Therapeutic manipulation	You pay 10% after Deductible.	You pay 30% after Deductible.
	Covered up to 25 visits per Benefit Period.	

Covered Services	Participating Provider	Non-Participating Provider
Diabetic Equipment, Supplies, and Education		
Diabetic equipment and supplies (NOTE: If you have prescription drug coverage through a program other than Express Scripts, Inc., that plan will pay for diabetic supplies and equipment first.)		
Glucometer, test strips, and lancets, insulin and syringes	Must be obtained at Participating Pharmacy. See applicable pharmacy rider for coverage information.	
Diabetic education	Covered at 100%; you pay $0.	You pay 30% after Deductible.

Prescription Medication Coverage **For additional information on your pharmacy benefits, refer to your Prescription Medication Rider.** **Tier names describe the most common type(s) of medication (such as brands and generics) within that tier.** **The Your Choice pharmacy program will apply (mandatory generic).** **Not subject to Plan Deductible**	
Retail prescription medication • Prescriptions must be dispensed by a participating pharmacy • 30-day supply	Tier 1: You pay $16 Copayment for preferred generic medications. Tier 2: You pay $40 Copayment for preferred brand medications. Tier 3: You pay $80 Copayment for non-preferred medications (brand and generic). Tier 5: You pay $0 Copayment for preventive medications. 90-day maximum retail supply available for three copayments
Specialty prescription medication • Specialty medications are limited to a 30-day supply. See Prescription Medication Rider for additional information. • Most specialty medications must be filled at our contracted specialty pharmacy provider (list available upon request).	Tier 4: You pay $90 Copayment for specialty medications (brand and generic). 30-day maximum supply
Mail-order prescription medication • A three-month supply (up to 90 days) of medication may be dispensed through the contracted mail-service pharmacy	Tier 1: You pay $32 Copayment for preferred generic medications. Tier 2: You pay $80 Copayment for preferred brand medications. Tier 3: You pay $160 Copayment for non-preferred medications (brand and generic). Tier 5: You pay $0 Copayment for preventive medications. 90-day maximum mail-order supply
If a physician demonstrates that the brand-name medication is medically necessary and appropriate, you will pay only the non-preferred brand-name medication Copayment.	

Prior Authorization for out-of-network services

Certain out-of-network non-emergent care must be Prior Authorized in order to be eligible for reimbursement under your plan. This means you must contact UPMC Health Plan and obtain Prior Authorization before receiving services. A list of services that must be Prior Authorized is available 24/7 on our website at www.upmchealthplan.com. You can also contact Member Services by calling the phone number on the back of your member ID card. Your out-of-network

provider may also access this list at www.upmchealthplan.com or your provider may call Provider Services at 1-866-918-1595 to initiate the Prior Authorization process on your behalf. Regardless, you must confirm that Prior Authorization has been given in advance of your receiving services in order for those services to be eligible for reimbursement in accordance with your plan. Please note, the list of services that require Prior Authorization is subject to change throughout the year. You are responsible for verifying you have the most current information as of your date of service.

Wellness Disclaimer

We are committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all members. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact us at 1-855-395-8762, and we will work with you and your doctor to find a wellness program with the same reward that is right for you in light of your health status.

The capitalized words and phrases in this Schedule of Benefits mean the same as they do in your Certificate of Coverage (COC). Also, the headings under the Covered Services section are the same as those in your COC.

At all times, UPMC Health Plan administers the coverage described in this document in full compliance with applicable laws and regulations. If any part of this Schedule of Benefits conflicts with any applicable law, regulation, or other controlling authority, the requirements of that authority will prevail.

Your plan documents will always include the Schedule of Benefits, the COC, and the Summary of Benefits and Coverage. You can log into *My*Health OnLine to view these documents. If you have questions, call Member Services.

UPMC Health Plan is the marketing name used to refer to the following companies, which are licensed to issue individual and group health insurance products or which provide third party administration services for group health plans: UPMC Health Network Inc., UPMC Health Options Inc., UPMC Health Coverage Inc., UPMC Health Plan Inc., UPMC Health Benefits Inc., UPMC *for You* Inc., and/or UPMC Benefit Management Services Inc.

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